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**Career Day Student Reflection Activity**

Take some time to think about Career Day and reflect on how it might affect your college and career plans in the future.

| Student name:  | School:  |
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| Name of one Career Day presenter you spoke to:  |
| Company of presenter:  |

What aspects of the Career Day were interesting? Why? Be specific.

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What aspects of the Career Day were not interesting? Why not? Be specific.

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What did you learn about the presenter’s company? Please explain.

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How does the presenter use skills like reading and math in his/her career?

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What were the steps that the presenter took to get to his/her current career?

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Would you consider a career in this field? Why or why not?

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If you wanted to pursue this career option, what might you do to prepare in the next five years, both in high school and afterwards?

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